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Home | nutrition.gov

U.S. federal guide offering access to all government web sites with reliable and accurate information on nutrition and dietary guidance.

Dietitians of Canada - official site

National association of Canadian registered dietitians that provide resources for consumers and health professionals. Articles, news events, nutrition facts

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PCOS: the dietitian's guide: angela grassi, ms,

Angela Grassi, MS, RD, LDN is the author of PCOS: The Dietitian's Guide, and is co-author of The PCOS Workbook: Your Guide to Complete Physical and Emotional Health.

Dietitians on demand

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